

Ice Cream Challenge

Activity 5.1: Ice cream ingredients

Lock in the ingredients for
your final ice cream base!



Your base recipe should make a creamy, scoopable and yummy ice cream.

Think carefully about everything you've learned in the challenge so far. Then, choose your final ingredients from the table. You should tick one circle, per column.

Note! In the table, the milk powder, cream and condensed milk can be dairy, or plant-based.



Explain

Why did you choose these ingredients?

Category 1: Fat			Category 2: Sugar			Category 3: Air	
✓	Amount	Ingredients	✓	Amount	Ingredients	✓	Ingredients
<input type="radio"/>	1 tbsp ¼ cup	Milk powder Water	<input type="radio"/>	2 tbsp	Icing sugar	<input type="radio"/>	Added air (whipped cream)
<input type="radio"/>	1 tbsp ¼ cup ¾ cup unwhipped or ½ cup whipped	Milk powder Water Cream	<input type="radio"/>	4 tbsp	Condensed milk	<input type="radio"/>	No added air (unwhipped / no cream)
<input type="radio"/>		Something else:	<input type="radio"/>		Something else:	<input type="radio"/>	

We chose to add

for fat because:

We chose to add

for sugar because:

We chose to add

(unwhipped cream / whipped cream)

for air because: