



Wonder  
Project

## Rocket Challenge

## Optional Activity: Health and safety relay

Head outdoors and test your crew's skills  
in the ultimate health and safety relay!

### Step 1

Whakarongo to your  
ambassador's kōrero on  
health and safety at mahi.



#### What you'll need:

- A big outdoor area
- 3 hard hats
- 3 safety vests
- 3 pairs of safety glasses

### Step 2

Divide yourselves into  
three rōpū (teams).

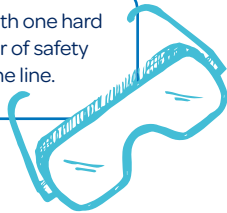


#### You must start your turn again if you:

- Run at any point  
in the relay
- Have not done your  
vest up properly
- Do not have your hard  
hat on securely
- Do not have the glasses  
on your face properly

### Step 3

Line up in these rōpū with one hard  
hat, safety vest, and pair of safety  
glasses at the front of the line.



### Step 4

When your kaiako says go, each  
rōpū member should take a turn to:

- Put on all three safety items
- Walk to the designated  
end point and back
- Take the gear off and pass  
to the next person in line



**The first rōpū to  
finish their relay  
are the ultimate  
health and safety  
champions!**