



Wonder
Project

Rocket Challenge

Optional Activity: Health and safety relay

**Head outdoors and
get ready to test
your crew's skills in
the ultimate health
and safety relay!**

What you'll need:

- A big outdoor area
- 3 hard hats (ask your ambassador if they have some at mahi you can borrow)
- 3 safety vests from your rocket kit
- 3 pairs of safety glasses from your rocket kit

Step 1

Whakarongo to your ambassador as they give you a quick run down on health and safety at mahi.

Step 2

Divide yourselves into three rōpū.

Tip: If you want to do smaller rōpū, you'll need extra hard hats, vests and safety glasses.

Step 3

Line up as a rōpū outside with one hard hat, safety vest, and pair of safety glasses at the front of the line.

Step 4

When your kaiako says go, each rōpū member should take a turn to:

- Put on all three safety items
- Walk briskly to the designated end point and back
- Take the gear off and pass to the next person in line.

You must start your turn again if you:

- Run at any point in the relay
- Have not done your vest up properly
- Do not have your hard hat on securely
- Do not have the glasses on your face properly

**The rōpū to finish their relay
first are the ultimate health
and safety champions!**